



**What is  
Aces Soccer School?**

Elite Soccer and the Arlington Heights Park District offer these programs to the community and all players interested in developing their game. These programs are designed to enhance player's skills and understanding of the game.

All Aces Soccer School classes are instructed by Elite Soccer Professional, Licensed Training Staff.

**Aces Soccer School Programs  
Winter 2009-2010**

- Pre-K Soccer
- Bridge to the Aces
- Pro-Skills Academy
- Dynamic Dribbling
- Finishing & Goal Scoring
- Skills Academy
- Speed & Agility
- Aces 3v3 Tournament



**How Do I Register?**

For more information, and to register, please visit:

[www.elitesoccer.net](http://www.elitesoccer.net)

**Locations:**

Hat Trick Hockey  
(Indoor Sports Court):  
647 Consumers Ave.  
Palatine, IL 60074  
(Next to Orbit Roller Rink)

Pioneer Park Gym:  
500 S. Fernandez Ave.  
Arlington Hts., IL 60005



**Aces  
Soccer School**

*For more information, contact:*

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[www.elitesoccer.net](http://www.elitesoccer.net)



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Soccer  
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**Winter  
2009-2010**

**ELITE SOCCER**



# Aces Soccer School

# ELITE SOCCER

2009-2010  
Winter

## Pro Skills Academy (U8-U14)

The skills academy will provide advanced skill training for motivated players in the Aces Soccer Club (Academy and Volunteer-Coach teams). Sessions will be dynamic and fast paced and will cover all areas of technical development. Sessions will focus on developing technical skill and speed. Staff will stress dribbling, passing, shooting, heading, and receiving. DO YOU WANT TO BECOME A BETTER PLAYER? If so, this is for you!

## Dynamic Dribbling Moves (7-14 Yrs Old)

Dynamic dribblers are needed all over the soccer field. Enhance your dribbling moves and become a more dangerous player. Players will hone their footwork, learn how to beat opponents off the dribble, and how to better protect the ball. Players will be grouped by age and skill level.

## Finishing and Goal Scoring (7-14 Yrs Old)

Players will spend the majority of this class striking balls on goal. The act of scoring requires a great deal of technical and psychological skill that will be taught in these sessions. Players will learn proper shooting technique through fun activities that will inspire them to score goals! Players will be grouped by age and skill level.

## Elite Soccer Aces 3v3 Futsal Tournament (U8-U18)

Second Annual Elite Soccer Aces 3v3 Futsal Tournament held Dec 28th & 29th at Hersey High School.

## Bridge to the Aces (Kind-2nd Grade)

Interested in becoming a future travel soccer player? Players learn the fundamental skills necessary to succeed on the soccer field. Players grouped by age and skill level.  
♦ 50% skill development through fun activities  
♦ 50% demonstrating skills in small sided games (3v3, 4v4)

## Speed & Agility (5-14 Yrs Old)

This class will explore how developing coordination, agility, and footwork greatly improve the soccer athlete. The 5-7 year olds in the class will focus on fun activities that will develop and enhance their coordination, balance, agility, change of direction, and footwork. The 8-14 year olds will focus on those similar aspects of soccer development but will also explore the foundations of quickness and explosion. Dynamic footwork sessions will increase the athletic ability of all the class participants. Please wear running shoes or indoor shoes for this class, no cleats, no shin guards necessary.

## Elite Soccer Skills Academy (Kind-5th Grade)

Improve your individual and team skills. This program consists of 25 minutes of skills training and 30 minutes of small-sided games. Sessions emphasize dribbling, passing and receiving, shooting and team development in a fun learning environment.

## Elite Soccer Pre-K Soccer (3-6 Yrs Old)

Players will participate in different soccer games and activities that aim to improve skills and increase the enjoyment of the game.

### Program Details

|                                     |   |   |
|-------------------------------------|---|---|
| <b>Pre-K Soccer</b>                 | <b>11/10-12/17 (No Class 11/24-11/26)</b> | <b>\$75</b>                               |
| 4-5 Yrs Old                         | T or W                                    | 9:30-10:15/10:30-11:15/11:30-12:15/1-1:45 |
| 3 Yrs Old                           | Th  | 9:30-10:15/10:30-11:15/11:30-12:15/1-1:45 |
| <b>Bridge to the Aces</b>           | <b>11/10-12/15 (No Class 11/24)</b>       | <b>\$115</b>                              |
| Kind-2nd                            | T   | 4:30-5:25pm                               |
| <b>Pro-Skills Academy</b>           | <b>11/10-12/15 (No Class 11/24)</b>       | <b>\$115</b>                              |
| U8-U14                              | T   | 5:30-6:25pm                               |
| <b>Dynamic Dribbling</b>            | <b>11/11-12/16 (No Class 11/25)</b>       | <b>\$115</b>                              |
| 7-14 Yrs Old                        | W   | 4:30-5:25pm                               |
| <b>Finishing &amp; Goal Scoring</b> | <b>11/11-12/16 (No Class 11/25)</b>       | <b>\$115</b>                              |
| 7-14 Yrs Old                        | W   | 5:30-6:25pm                               |
| <b>Skills Academy</b>               | <b>11/12-12/17 (No Class 11/26)</b>       | <b>\$115</b>                              |
| Kind-2nd                            | Th  | 4:30-5:25pm                               |
| 3rd-5th                             | Th  | 5:30-6:25pm                               |
| <b>Pre-K Soccer</b>                 | <b>1/19-3/4</b>                           | <b>\$80</b>                               |
| 4-5 Yrs Old                         | T or W                                    | 9:30-10:15/10:30-11:15/11:30-12:15/1-1:45 |
| 3 Yrs Old                           | Th  | 9:30-10:15/10:30-11:15/11:30-12:15/1-1:45 |
| <b>Dynamic Dribbling</b>            | <b>1/13-3/3</b>                           | <b>\$135</b>                              |
| 7-14 Yrs Old                        | W   | 4:30-5:25pm                               |
| <b>Finishing &amp; Goal Scoring</b> | <b>1/13-3/3</b>                           | <b>\$135</b>                              |
| 7-14 Yrs Old                        | W   | 5:30-6:25pm                               |
| <b>Bridge to the Aces</b>           | <b>1/15-3/5</b>                           | <b>\$135</b>                              |
| Kind-2nd                            | F   | 4:30-5:25pm                               |
| <b>Pro-Skills Academy</b>           | <b>1/15-3/5</b>                           | <b>\$135</b>                              |
| U8-U14                              | F   | 5:30-6:25pm                               |
| <b>Skills Academy</b>               | <b>1/16-3/6</b>                           | <b>\$135</b>                              |
| Kind-2nd                            | Sat                                       | 1:00-1:55pm                               |
| 3rd-5th                             | Sat                                       | 3:00-3:55pm                               |
| <b>Speed &amp; Agility</b>          | <b>1/16-3/6</b>                           | <b>\$135</b>                              |
| 5-14 Yrs Old                        | Sat                                       | 2:00-2:55pm                               |

Register for all programs at [www.elitesoccer.net](http://www.elitesoccer.net)

Early Bird Discount- \$10 off if registered by the Early Bird Discount deadline dates!  
10/30/09 for Nov/Dec classes & 12/18/09 for Jan/Feb/Mar classes (Pre-K Soccer Excluded)

