



# Pre-K Soccer Program



## Coached by ELITE SOCCER

[www.elitesoccer.net](http://www.elitesoccer.net)

### **Weekday Training Sessions: Session Length: 45 Minutes**

Elite Soccer's Pre-K Soccer Program uses soccer related games with a catchy name or theme (e.g. Charlie and the Chocolate Factory, Shopping Cart) in order to develop coordination, agility, and soccer skill. Players are taught individual dribbling techniques in a fun and stimulating learning environment. In this program, competitive pressures are discouraged and players are encouraged to have fun and learn new skills. Each park will have approximately 8-25 players.

### **Saturday Game Days: Session Length: 45 Minutes**

In the 3v3 small-sided games format, each player is totally involved in the game, receives maximum contact with the ball, and develops skills at an accelerated pace.

**To view the Saturday game day schedule please go to [www.elitesoccer.net](http://www.elitesoccer.net)  
(Look under Elite Soccer Programs, Pre-K Soccer)**

#### **When to Get There:**

Players need to arrive 10 minutes early

#### **What to Wear:**

- Weekdays: Elite Soccer T-shirt
- Saturdays: AHPD game jersey
- Shin guards
- Soccer cleats or tennis shoes

#### **What to Bring:**

- Water Bottle
- Soccer Ball (Weekday Only)

#### **Where to Meet:**

Weekdays: Your scheduled park

Saturdays: Sunset Meadows

#### **GAME FORMAT:**

- 3v3 Games
- Each park divided into teams of 3
- Teams rotate fields to play multiple teams Scores are not kept, no wins or losses

#### **GAME LENGTH:**

7 minute games  
(4-5 games per session)

#### **PARENT ROLES:**

Encourage and cheer the players with positive support reinforcing the ELM tree of mastery: Effort, Learning, and bouncing back from Mistakes. Follow PCA parent pledge guidelines.

For weather related cancellations, please visit [www.elitesoccer.net](http://www.elitesoccer.net) or call the AHPD Inclement Weather Hotline 847.577.3003 Ext. 5700

*If you have any questions about Elite Soccer Pre-K Soccer please contact Julie Johnston, Elite Soccer Operations Coordinator, at [jjohnston@elitesoccer.net](mailto:jjohnston@elitesoccer.net) or 847-660-9814*