



# ELITE SOCCER

[www.elitesoccer.net](http://www.elitesoccer.net)



## Arlington Aces Academy Training FAQ

### **What happens if I miss my regular training session, can I attend another team's training session?**

Yes, any time you miss your regular training session due to illness or another commitment you may attend another team's session. We encourage players to attend sessions from teams at their own age, or one year above or below, either boys or girls. We encourage players to attend the training session during that same week if possible, or the week following the missed session.

### **How do I attend another team's training session?**

If you are interested in attending a different team's session please check the Aces Academy training schedule at [www.elitesoccer.net](http://www.elitesoccer.net). Please call or email the coach of that team to confirm they are still holding the session as regularly scheduled and that it is ok for you to attend.

### **If I have a weekly conflict, can I choose another team's training session to attend for the entire season?**

We STRONGLY encourage players to make every effort to attend their own team's training sessions. Attending your own team's training session will be best for the development of your own skills, as well as the development of your team. In this situation, please contact your coach and Stein Garcia, Elite Soccer Director of Coaching, at [sgarcia@elitesoccer.net](mailto:sgarcia@elitesoccer.net).

### **What happens if my team does not hold an originally scheduled training session?**

If your team does not hold an originally scheduled training session (due to rainouts, scheduling issues, etc.) the coach will make every effort to hold an additional training session. In some cases this may not be possible or the coach may decide that it is not in the best interest of the team to hold an additional training session. For example, a training session might not be rescheduled after a long tournament weekend of games was played and the players need the rest.

*If have any questions please contact Stein Garcia, Elite Soccer Director of Coaching, at [sgarcia@elitesoccer.net](mailto:sgarcia@elitesoccer.net) or 847.660.9974.*